



## **Ruby** Overcomes the Odds

## **The Craniofacial Center**

Helping Families  
Face Challenges

**PACS**  
Imaging Innovation

## **On the Field**

Caring for South  
Florida's Youngest  
Athletes

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Dear Friends,

Following the broadcast of "Born Without a Face," which told the story of Juliana Wetmore, born with a condition called Treacher Collins Syndrome, the Craniofacial Center at Miami Children's Hospital has attracted national and international attention. Juliana's family turned to the Craniofacial Center to help repair their 2-year-old daughter's face, which has already undergone a dozen surgeries. You can read more about the remarkable work performed at the Craniofacial Center on page 4.

This issue also features Ruby Dominguez, who, at just 4 years old, was wracked with seizures. Her desperate family sought treatment, but was told nothing could help their daughter. At Miami Children's, however, Ruby underwent a delicate operation that worked. Today, she no longer has seizures and is living a happy, healthy life.

You'll also read about how Miami Children's protects your young athlete on and off the field. Athletic trainers are now available at football games throughout South Florida. If your child is injured, you can rest assured help is there. If the injury requires diagnostic imaging, we offer the latest in technology to diagnose and treat your child's injury quickly—and get him or her back in the game.

We're here for your children, and we thank you for your continued support.

Sincerely,

Christian C. Patrick, MD, PhD

**CHIEF MEDICAL OFFICER/SENIOR VICE-PRESIDENT  
FOR MEDICAL AND ACADEMIC AFFAIRS**

MIAMI CHILDREN'S HOSPITAL

Free of the seizures that once threatened her health, Ruby Dominguez is enjoying life.

# Overcoming the Odds



## PATIENT PROFILE:

### Ruby Dominguez

For the first four years of Ruby Dominguez's life, she was a normal little girl who was developing on track, according to her physician and her parents, Luis and Rufina.

Shortly after Ruby's fourth birthday, however, she began having seizures. Her parents took her to a hospital in California—where they were living at the time—but the cause of the seizures was unknown, and no treatment options were offered to the family.

"When we moved to Florida, we began seeing a neurologist," says Luis. "Ruby had surgery, but it didn't help. We were told this was the only thing that could be done for her, but I didn't believe that. We went to Miami Children's Hospital in search of a better answer, and we found it. Now we have our daughter back."

#### A PARENT'S QUEST

Before the surgery at Miami Children's, Ruby wasn't responding to anything or anyone after the seizures, making her parents afraid each time that she wouldn't recover. Added to this fear was the fact that no one could tell Luis and Rufina why this was happening.

After Ruby's first surgery she was put on medication, but she continued having seizures. In fact, before going

to Miami Children's she was having anywhere from 20 to 30 episodes daily, which terrified her parents and put Ruby's life in danger.

Despite their continued disappointment, Ruby's parents never quit. Physician after physician and hospital after hospital all offered a life for their daughter they wouldn't accept. It's this perseverance that led them to Miami Children's.

#### SECOND CHANCES

In July of 2003, upon the family's arrival at Miami Children's, Michael Duchowny, MD, Director of the Comprehensive Epilepsy Center, began searching for a way to help Ruby. After thorough examinations by the team and evaluating all options, it was decided a second surgery would be needed. While the thought of their daughter undergoing another brain surgery was not easy, after talking with neurosurgeon Glenn Morrison, MD, Luis and Rufina agreed.

Surgery involved removing one-third of the left part of the brain where the seizure activity was occurring. After the long, difficult surgery, Ruby came out safely—and she hasn't had a seizure since.

"We trusted the medical team, so we didn't hesitate," says Luis. "We had been waiting for someone to tell us

they could help, that they would heal our little girl. We finally found it at Miami Children's. How do you say thank you for saving the life of your child?"

#### IT'S A BEAUTIFUL LIFE

With Ruby seizure-free, she is now living as any 13-year-old would. She attends Kissimmee Middle School, and is reading and retaining information—something she couldn't do before.

"Miami Children's was there for our family when no one else was," says Luis. "I would like to tell all parents in a situation like ours to never give up hope. Continue looking and you will eventually find a way to make it better. Life has a way of giving you what you need, just when you think you can't go any further. It's a beautiful thing."

#### FUN FACTS ABOUT RUBY

##### SIBLINGS:

two brothers—Luis Roberto, 10, and Daniel, 6

##### FAVORITE MUSIC:

anything Disney, she loves Lizzie McGuire

##### FAVORITE FOODS:

spaghetti and apples

##### HOBBIES:

playing outside with her brothers



A family participating in the Discovery Channel's TLC network 10-part series on the Craniofacial Center at Miami Children's Hospital is interviewed by the crew.



Mislen Bauer, MD, Director of the Craniofacial Center at Miami Children's Hospital

# Watching with Wonder

Miracles are performed every day at the Craniofacial Center at Miami Children's Hospital. Thanks to a new series on the Discovery Channel's TLC network, the whole country will watch the process as dozens of children become just as beautiful on the outside as they are on the inside.

Juliana Wetmore was born with Treacher Collins Syndrome, a condition that left her without many of the bones in her face. When she was just under 2 years old, her family traveled from their home in Orange Park, Florida, to the Craniofacial Center at Miami Children's. There she received one of the dozen or so operations she's needed so far to repair her face. The operations have been successful to this point, but doctors estimate the happy 2-year-old will need at least 30 more surgeries during her lifetime.

The little girl captured the hearts of American viewers this past year

in the Discovery Channel's TLC documentary, "Born Without a Face." When Juliana made her first visit to Disney World this past summer, she and her family weren't alone. A camera crew from the network captured footage from that day to use on the new 10-part TLC series focused on the children, their families and the doctors and staff of the Craniofacial Center at Miami Children's. The series is slated to air in spring 2006.

"The documentary about Juliana has been seen by so many people, and it's helped educate the world about children with craniofacial differences," says Mislen Bauer, MD, pediatrician, clinical geneticist, Director of the Division of Genetics and Metabolism and Director of the Craniofacial Center. "The 10-part series can only help us educate even more people



about these special children and their families.”

#### OFFERING HELP AND HOPE

For the families of children born with congenital and acquired craniofacial disorders, the Craniofacial Center at Miami Children’s is an answer to prayers. At the center, doctors and staff not only provide comprehensive treatment, care and management of a variety of disorders, but they also offer something more to these special families—hope.

“When a child is born with a craniofacial difference, parents are often unprepared and have absolutely no idea what to do,” Dr. Bauer says. “In our special clinic for newborns, parents can meet with a team of physicians from different specialties shortly after their child’s birth and have all their questions answered at the same time. It helps the families feel better about the challenges they’ll face in the future.”

#### ALL TOGETHER NOW

For many years, parents of children born with craniofacial differences didn’t have one special place they could go for medical treatment. They would travel from specialist to specialist and from surgeon to surgeon, very few of whom tried to consolidate their child’s care. However, when the Miami Children’s Craniofacial Center opened just over a decade ago, it changed all that.

For example, if a child is born with a cleft lip or palate, he or she will need the help of a plastic surgeon, a dentist and potentially an otolaryngologist, or ear, nose and throat physician, to help treat any hearing problems that could result. He or she might face speech problems or psychological problems, so therapists are available in the clinic to help as well.

By working together in a clinic setting, physicians and therapists are able to evaluate the children and coordinate every step of the patients’ care with that of other Craniofacial

Center staff members. This way, parents save time and make sure their children get the best course of treatment—a move that has proven very popular. Since opening just 10 years ago, the Craniofacial Center has treated more than 1,000 children.

#### CAPTURING MIRACLES ON FILM

The TLC series, called *Facemakers*, is a result of the success of “Born Without a Face,” which quickly became one of the most top-rated programs in the history of Discovery Health. As a result, the network decided to come back to the Miami Children’s Craniofacial Center to create a series that will feature the stories of two or three children and their families in each episode.

Since late summer 2005, a crew from TLC has been in the Craniofacial Center several times each week filming physician visits, therapies and surgeries

of children whose parents have consented to the project. By editing the clinical aspect of the care together with interviews and clips of the child at school or at play, the documentary will show the world there is hope that these special children can go on to live a happy life.

“Children born with craniofacial differences are just like other children on the inside. They like to have fun, play and spend time with their friends,” Dr. Bauer says. “This series will show the personal side of these special children to everyone watching, and it will let families know that the wonderful Craniofacial Center team can make a huge difference in these children’s lives.”

*For more information about the Craniofacial Center at Miami Children’s, call (305) 662-8237.*

## World-Renowned Care

The Craniofacial Center at Miami Children’s Hospital, which celebrated its 10th year of service in 2005, is a state-designated center for children with craniofacial differences. Patients from all over the region—as well as numerous children from other countries—come to Miami to receive treatment from some of the country’s leading craniofacial experts.

The Craniofacial Center treats children with both congenital and acquired craniofacial disorders, including:

- Apert Syndrome—This condition causes the skull to fuse together too quickly, a sunken look to the mid-face and fused fingers and toes.
- Cleft lip and/or cleft palate—Characterized by a gap or groove in the lip or upper mouth
- Crouzon Syndrome—Characterized by an abnormally shaped head or face caused by an early fusion of the bones in the skull
- Hemifacial Microsomia—Characterized by underdevelopment of part of the face, most frequently the ear and lower jaw
- Moebius Syndrome—Characterized by paralysis of the cranial nerves that lead to facial paralysis and anomalies of the mouth, face and limbs
- Pierre Robin Sequence—A birth defect causing a “balled-up” tongue that can block the airway and create a lower jaw smaller than the upper jaw
- Treacher Collins Syndrome—Characterized as an underdevelopment of the bones and soft tissue of the head and face





# Watching Every Play

Thanks to a new partnership with the South Florida Youth Football League (SFYFL), Miami Children's Hospital made sports medicine services available at many youth football games throughout the tri-county area.

At the quarterback's signal, the football is snapped to start the play. Turning to hand the ball off to the running back, the young quarterback's cleat plants firmly into the ground, causing his knee to twist. He immediately falls to the ground, clutching his knee in pain.

Similar scenes play out every weekend on gridirons across South Florida. But until now, these young athletes may not have received the care they needed to treat the injury and prevent further damage. That's why Miami Children's Hospital partnered with ATC on Demand to provide athletic trainers at all SFYFL games.

## HANDS-ON HEALING

Through the partnership, Miami Children's Hospital provided medical supplies as well as athletic trainers at about 100 SFYFL games each weekend—making care available to 15,000 athletes.

If a player was hurt during a game, the athletic trainer evaluated the injury and provided appropriate treatment. After the game, the trainer created an injury report and sent it to Stephen Swirsky, DO, pediatric and adolescent sports medicine specialist at Miami Children's, who attempted to follow up with each athlete's family to ensure adequate care.



Stephen Swirsky, DO

"These young athletes have never had this level of coverage before," says Dr. Swirsky. "This is another way Miami Children's is fulfilling its mission

of keeping kids healthy. We want parents to know the hospital is here to take care of their young athletes—on and off the field."

# Education for All Ages

They say kids don't come with an instruction book, but at Miami Children's Hospital, we're helping to equip parents with all they need to raise healthy and happy children.

These new classes complement our wide array of educational courses—from pediatric CPR to infant massage—offered for parents at Miami Children's.

## SUPER SIBLINGS

Sometimes becoming a big brother or sister can be difficult for a child. To help ease your little one's fears, bring him or her to the new sibling class at Miami Children's.

"The program focuses on preparing children ages 3 to 7 for their new siblings by discussing the important

roles they play in their families and demonstrating how they can help care for the baby," explains Wendy Johnson, Community Education Coordinator at Miami Children's. "At the end of the program, we hold a birthday celebration where we create a banner to welcome the baby home and pick out a stuffed bear for a gift. The children also receive Super Sibling certificates to honor their accomplishments."

## DADDY BOOT CAMP

Created just for fathers-to-be, this one-day class offers advice from veteran dads and instruction from Child Life Specialists on everything from changing diapers and the role of the father to what to expect when they bring their babies home. Dads are also

provided with a list of things they need in their homes to prepare for the baby such as medicine and safety items.

For dates and times or to register, call (305) 662-8282.





George E. Batchelor

# The Batchelor Foundation A Legacy Lives On

With a loving heart and a deep desire to help others—particularly children—George E. Batchelor, founder of The Batchelor Foundation, gave generously during his lifetime to support Miami Children’s Hospital. Today, The Batchelor Foundation continues Batchelor’s work, improving the lives of countless children in need of quality medical care and educational assistance.

“My father-in-law loved children and animals and was committed to supporting causes that helped kids and the environment,” says Sandy Batchelor, Chair and co-CEO of The Batchelor Foundation. “Every dime in The Batchelor Foundation has been accumulated from more than 50 years of George’s hard work, and we work diligently to use the funds in ways he would have wanted.”

### TARGETED GIFTS

Anyone who knew Batchelor was aware of his keen business sensibility. Raised in poverty, Batchelor was a self-made man who became a highly

decorated Army Corps officer and the shrewd owner of several lucrative aviation businesses that helped build his fortune.

Because of his background, Batchelor was extremely careful with his money and closely scrutinized all potential recipients of Foundation funds. Easily won over by Miami Children’s mission of helping children, Batchelor was pleased to give a substantial gift to fund the George E. Batchelor Research & Academic Pavilion at Miami Children’s.

More recently, The Batchelor Foundation made a \$3 million gift to Miami Children’s to endow the mobile preventive medicine program in 2004. Through the Health on Wheels program, qualified physicians and nurses travel to underserved communities to provide preventive care to children who otherwise may not have the opportunity to be seen by a doctor. The first program of its kind aimed at children in the Miami area, the mobile health program has made and continues to make a huge difference in the community by providing pediatric medical care to those who need it most.

“Any time we’re making donations, we try to put ourselves in George’s shoes,” says Ms. Batchelor. “We felt

the preventive medicine program, which touches children who may not have access to such care, is exactly what George would have wanted to support. He was very particular in his gifts and liked to see fast results. Since the preventive medicine program could get started instantly and results could be seen almost immediately, it was a natural fit.”

### MAKING A DIFFERENCE FOR ALL MIAMI

Over the years, The Batchelor Foundation monies have sponsored the Homeless Angel program with the Community Partnership for the Homeless, Inc., paid for exhibits at the Miami Metrozoo and touched the lives of nearly 2,500 children in need of medical attention during the mobile health program’s first year of operation.

“The Batchelor Foundation has a broad awareness of our community,” says Robin Reiter-Faragalli, President of Miami Children’s Hospital Foundation. “The trustees understand that they’re funding some of the hardest-to-meet needs, and they take their responsibility very seriously. The Batchelor Foundation is made up of very caring people who have a strong sense of purpose, and we’re deeply appreciative of their support.”

# The Next Level in Imaging Excellence

It's a digital age, and Miami Children's Hospital remains at the forefront of technology with PACS, an advanced diagnostic system providing superior quality and instant access to images.

**W**hen your child is hurt, you want to know what's wrong so treatment can begin fast. That's why Miami Children's Hospital is proud to introduce new technology in the Radiology Department that provides your physician with instant access to diagnostic images—picture archiving communication system (PACS).

PACS streamlines care by providing detailed images that can be accessed via the Internet within minutes. PACS digitally captures and stores a variety of diagnostic images, including X-ray, ultrasound, nuclear medicine, magnetic resonance imaging (MRI) and computed tomography (CT) scans, in real time. Storing images in PACS also provides higher image resolution than previous technology and allows images to be manipulated to inspect areas of concern more closely.

"We're excited to introduce PACS in the Radiology Department," says Elsa Aguirre, RT, technologist and Coordinator of the Radiology Information System (RIS) at Miami Children's. "With state-of-the-art speed and unmatched convenience for hospital and referring physicians, PACS is enhancing the quality and continuum of patient care."

## MOVING FORWARD

In addition to convenient access to images for physicians, PACS also offers a variety of leading-edge features, including:

- **enhanced security**—Physicians must provide a secure user name and password to access PACS images, which ensures patient privacy.
- **lasting images**—PACS stores all images digitally for lasting quality. This eliminates the risk of films (which previously

"Miami Children's Hospital understands that efficient care and treatment help children recover and achieve their highest potential. As we incorporate PACS—the most advanced storage method for diagnostic images—we're reinforcing our commitment to providing outstanding care for children in our community."

—Nolan Altman, MD, pediatric radiologist and Chief of Radiology at Miami Children's

were developed and filed) becoming faded or ripped.

- **voice recognition**—Similar to a Dictaphone that a physician uses to record and transcribe notes and assessments, this feature reduces error in transcription by recording comments directly into the system.
- **widespread results**—Physicians or other medical professionals such as surgeons and therapists can view results from any computer in the hospital. Results can also be sent via a secure Web portal to a referring physician to review in his or her office or home.
- **available in hard copy**—Images captured on PACS can be downloaded to a compact

disc and given to a patient or referring physician for review during further exams

## BRINGING THE BEST TO YOU

"Miami Children's is dedicated to providing patients and their families the technology and medical care that delivers the best outcome," says Milton Sanchez, PACS Administrator at Miami Children's. "As the advanced features and networking capabilities of PACS are implemented at Miami Children's, parents can rest assured their children are receiving the highest level of care."

*For more information about PACS at Miami Children's, call (305) 666-6511 ext. 4316.*



The latest in digital—picture archiving communication system (PACS)—arrives at Miami Children's Hospital.

# The Latest in Research



# at Miami Children's Hospital

Several research studies have recently been launched through Miami Children's Hospital's Clinical Research Center. These studies are available to children who meet all the study criteria, with the consent of the parent or guardian.

Each is a multi-center study, meaning the study is offered through well-known pediatric research entities throughout the country. The number of weeks associated with each study below is the length of time in which

patients are asked to take part in the research.

The protocols include:

- A one-year study of the use of the investigational drug omalizumab in children between the ages of 6 and 12 who have moderate to severe asthma that has not responded to standard treatments. Omalizumab is already on the market for adults and children over 12 years old.
- A three-week study of the use of an investigational drug in

the treatment of children and adolescents with bipolar I mania.

- A six-week study of the use of an investigational drug in the treatment of adolescents with schizophrenia.

*For more information on these and other Miami Children's research studies, please contact the hospital's Clinical Research Center at 1-877-4-KID-MED.*

## Mark Your Calendars!

The following classes are held on a monthly or quarterly basis at MCH.

Please call (305) 662-8282 for further information.

### Daddy Boot Camp

Daddy Boot Camp is a creative and interactive class for fathers and soon-to-be fathers. The facilitators will assist new dads down that unfamiliar path in life's journey called fatherhood. Our goal is to help new fathers learn the value and importance of interacting with their babies in ways that will ensure an attached and bonded relationship.

Highlights of this program include instruction on diaper changing, bathing, appropriate dress, crying, how to recognize when a baby is sick, feeding, developmental stages and child development activities.

### New Sibling Class

This program is designed to prepare children

3 to 7 years old for a new brother or sister. Positive sibling skills will be presented in a fun, interactive way that teaches children about the important contributions they can make as big brothers or sisters. Please call (305) 662-8282 for further information.

### Infant Massage

Infant massage is designed for children ages 0–15 months. Our hands-on method ensures you will learn the art of interactive massage to suit your baby's individual needs and developmental level. Infant massage encourages relaxation for both parent and baby, promotes longer and deeper sleeping patterns and can relieve colic symptoms, among other benefits. Please call (305) 662-8282 for further information.

### Stranger Danger

This workshop, sponsored by Miami Children's Hospital and the Child Assault Prevention Project of South Florida (CAP), helps parents

and children ages 5 to 12 prevent stranger danger and abduction. Children and parents will learn how to identify a stranger, child protection awareness, techniques strangers use, strategies on what to do when confronted with a stranger and self defense.

### CPR Class

This course in Pediatric CPR teaches parents, grandparents and caregivers how to administer CPR to infants and children. This class is available in both English and Spanish.

### Child Passenger Safety

Child safety is our priority. Child passenger safety technicians will check your child's seat for defects, recalls, installation and fit. Please contact (305) 663-6800 for more information.

For a list of support groups, visit [www.mch.com/patient/support\\_group.htm](http://www.mch.com/patient/support_group.htm).

## Marriott's Torch Relay

This year's relay began its 5,407-mile journey in Washington, DC, and ended in Los Angeles. Locally, events were held at South Beach's world famous Nikki Beach Club. Funds raised by Marriott properties in Miami-Dade, Broward and Monroe counties benefited Miami Children's Hospital Foundation. Thank you to Crystal Springs, one of our local CMN sponsors, for donating 200 cases of water. Congratulations to Marriott, its vendors, guests and thousands of associates for making this year's relay a huge success!

## CVS/pharmacy representatives and "Santa" deliver toys.



## Cartier Strikes Again!

For the second year, Cartier's International Division—based in Coral Gables—hosted the Christmas Charity Sale benefiting the Miami Children's Hospital Craniofacial Center. The sale was held at the Biltmore Hotel and raised funds to help children with craniofacial differences. We would like to extend a special thank you to Christophe Maincourt for his continued support of Miami Children's and to the entire team at Cartier for all their efforts.

## HMS Host Raises Funds for CMN

HMS Host at Miami International Airport raised funds for CMN in 2005 by participating in the CMN coin canister program. The canisters could be seen throughout the airport and \$7,367 was raised for Miami Children's. Thank you to Tiffani Smith for her continued support and for coordinating the fundraising campaign at the airport.

## CVS/pharmacy Brings Holiday Cheer

During the holiday season, participating CVS/pharmacy locations in Monroe, Miami-Dade and Broward counties hosted a CMN holiday toy drive benefiting the children at Miami Children's. Truckloads of toys were delivered, and "Santa" visited with the children in the hospital. Thank you to Vince Urrutia, Jim Dapkus, Jenny Larson, Diane Cavanaugh, the CVS/CMN Volunteer Task Force and everyone at CVS for their unwavering support to CMN!



## CMN News

We are pleased to announce that the following are new national CMN sponsors:

American Home Mortgage

Money Mailer, LLC

FTD.com

We'd also like to welcome RE/MAX Advisors in Ft. Lauderdale to the South Florida CMN family.

## Psyched Up!

Not your typical 13-year-old, Alexandra Parada wanted to volunteer at Miami Children's Hospital; unfortunately, she did not meet the cut-off age, which is 14. Alexandra was not discouraged, however. She decided to fulfill her community service hour requirement by planning and hosting a fundraising event to benefit Miami Children's Hospital Foundation. Thanks to her energy, enthusiasm and the generous support of her parents, Alexandra hosted a fantastic cocktail reception at Piedras International in Coral Gables and raised over \$7,500 to benefit the Department of Psychiatry's Intensive Outpatient Program. Thank you to Alexandra and the Parada family for their dedication and support of Miami Children's.

## CVS/pharmacy Hosts Softball Game

The CVS/CMN Volunteer Task Force hosted a softball game and barbecue with proceeds benefiting CMN. The fun-filled day included giveaways, delicious food and, of course, a competitive softball game. The event raised \$1,600 for CMN. Thanks to the Task Force for coordinating this fun event.

## Hasbro Latin America

For the fifth year Hasbro Latin America hosted its Annual Warehouse Toy sale and raised \$22,272 to benefit Miami Children's Hospital Foundation. The public enjoyed bargain prices on all the latest Hasbro brand toys and helped make a difference for the kids at Miami Children's. A very special thanks to the entire Hasbro Latin America team for their hard work and dedication to MCHF.

## Santa Visits Shops of Sunset Place

The 2005 holiday season was off to a wonderful start as Ken Hinkle, General Manager of the Shops of Sunset Place, hosted the first annual Breakfast with Santa at Gameworks, with 100 percent of the proceeds benefiting Miami Children's Hospital Foundation. The kids enjoyed a delicious breakfast and two hours of games at South Miami's most fun venue, Gameworks. Thank you to Ken and his team for organizing this wonderful event. We look forward to seeing you next year!

## Voyager Has Arrived!

Thanks to the generous donations from the employees of Miami Children's Hospital during the 2005 MCH Employee Annual Campaign, our LifeFlight Team now has an ultra light Voyager Airbourne Isolette. The first of its kind in Florida, the Voyager is 100 pounds lighter than a regular airbourne isolette. It's also equipped with a high frequency ventilator, making it possible for our LifeFlight team to transport critically ill infants with ventilator needs above and beyond the average ventilator capabilities. The support of our MCH family is very important. If you are an MCH employee and have not yet signed up for the 2006 MCH Employee Annual Campaign, please contact the Foundation at (305) 666-2889.

**MCH Annual Employee Campaign participants dedicated the Voyager and were joined by MCH CEO Thomas Rozek; Vice President of Nursing Jackie Gonzalez; Director of Marketing and Public Relations Marcia Diaz de Villegas; and Lifeflight Medical Director Dr. Andre Raszynski and Program Director Maria Fernandez.**



## Queen of Hearts Luncheon

The Miami Children's Hospital Auxiliary and Saks Fifth Avenue Dadeland joined forces to make the 39th Annual Queen of Hearts Luncheon a memorable occasion at the Fontainebleau. The event honored Norma Quintero and featured a private fashion show and fittings by designer Angel Sanchez. The highlights of the afternoon included the crowning of the new queen and a bidding war during the live auction! In the end it was a win win for all when Sanchez agreed to donate a second gown, which helped double the dollars for MCHF! A special thank you to Juan Lopez and Godfrey Del Rio of Saks Fifth Avenue Dadeland and to Angel Sanchez for his generosity and beautiful designs, and last, but certainly not least, thank you to the ladies of the Auxiliary for their unwavering support since 1950.

**RIGHT: Event Co-chairs Brenda Bassett (far left) and Nancy Batchelor (far right) with Norma Quintero, the newest Queen of Hearts.**

**BELOW: Jana Falic, Angel Sanchez and Diane de Olazarra**



# Leaving a Legacy

## Preserving Charitable Contributions into the Future

In our fast-paced lives, many of us barely have time to think about tomorrow—let alone years down the road. Yet if you take a few minutes today, you can achieve both peace of mind for your family and reward your charitable causes through an estate plan.

Do you think that you have to choose between leaving a gift to your family or helping your favorite charity? The good news is that you can do both. Some charitable gifts may actually save your family money by decreasing inheritance taxes.

Here are a few suggestions to consider when developing your Estate Plan:

- Review your assets to see which might make the best gift to charity.
- Contact your financial advisor (lawyer, accountant, trust officer

or financial planner) for help in establishing a charitable gift.

- Think beyond cash. You can leave stocks, real estate, insurance policies as well as personal property to your favorite charity.
- Your favorite charity can be a beneficiary of your life insurance, retirement plan or IRA.

The tremendous outpouring of charitable dollars to support the victims of Hurricanes Katrina, Wilma and Rita demonstrates how we all recognize those most in need. With a small effort, we can all leave a permanent legacy to our favorite charities in the form of a bequest.

*For more information on planned giving and charitable bequests, please contact Peter Palin at (954) 525-4693.*

## Upcoming Events

### February

Aventura Mall and American Performing Arts Network will host the 2006 Miami's Most Photogenic Baby Contest. Photographs will be taken at Aventura Mall on January 26 through January 29. An awards ceremony will be held at the mall on Sunday, February 26 at 1 p.m. The event is open to all children from infants through 5 years of age. For more information, please visit [www.photogenicbaby.com](http://www.photogenicbaby.com).

### February 24

Photographer Malena Assing and PuroPaper invite you to a cocktail reception and photographic exhibit and sale to benefit Hugs and Kisses. Cocktail reception will be at the Cocowalk Offices Terrace Level at PuroPaper from 6 to 9 p.m. For more information, please contact Olgumar at (305) 443-5595.

### March 4 & 5

The 9th Annual FIU Dance Marathon will be held at the University Park campus at the Pharmed Arena (formerly Golden Panther Arena) benefiting CMN/MCH Foundation. For more information, please call (305) 348-2149.

### March 18

Aventura Mall will host a Mad Hatter Tea Party with the Easter Bunny. All proceeds to benefit the Children's Miracle Network at Miami Children's Hospital Foundation. To purchase tickets please contact Alexis Viera at (786) 268-1827 or e-mail [aviera@mchf.org](mailto:aviera@mchf.org).

### April

The Shops at Sunset Place will host "Breakfast with the Easter Bunny" at Gameworks. All proceeds to benefit Miami Children's Hospital Foundation. For additional information and to purchase tickets, please contact Alexis Viera at (786) 268-1827 or e-mail [aviera@mchf.org](mailto:aviera@mchf.org).

### April 29

The 7th Annual Hugs and Kisses Children's Fashion Show at the Radisson Hotel – Downtown. Tables and sponsorships are available; please contact Ivetta Diaz at (786) 268-1822 or [idiatz@mchf.org](mailto:idiatz@mchf.org).

### June 4

Annual Children's Miracle Network Telethon will air on WBFS, UPN33 from noon to 8 p.m. For more information, please contact Maria Moldes at (786) 268-1832 or [mmoldes@mchf.org](mailto:mmoldes@mchf.org).

# The ABCs of Good Health

*Want to be a winner?* Whether on the playing field or in math class, to do your best you've got to be healthy. Nutrition and exercise is the way to go.

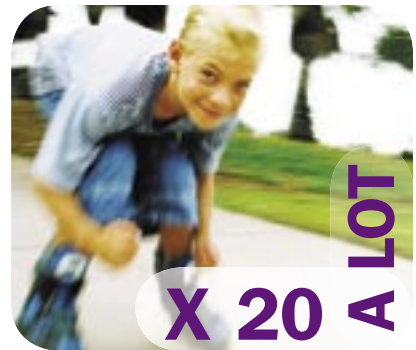
Fill in the blanks with the unscrambled letters about nutrition and exercise, then unscramble the circled letters in each word to create the secret word.

1. EXERCISE STRENGTHENS YOUR   ○  ○   (THAER) AND OTHER MUSCLES IN YOUR BODY.
2. YOU SHOULD GET AT LEAST 30   ○  ○   (IMTESUN) OF EXERCISE (RIDING YOUR BIKE OR PLAYING HIDE & GO SEEK) A DAY.
3. EAT FIVE SERVINGS OF FRUIT AND   ○   (TEVGEASELB) A DAY.
4. TO ENSURE YOU'RE GETTING THE PROPER NUTRITION, HAVE YOUR MOM OR DAD HELP YOU LEARN HOW TO READ FOOD   ○   (BLAELS) AT THE GROCERY STORE.

**Secret word:** Write out clues, whip up some healthy trail mix and have your friends join you for a backyard scavenger hunt. You'll have fun and get lots of exercise!

## Calorie Countin'

To get a quick idea of how many calories you need each day, multiply your weight by 12 if you don't exercise much, 14 if you exercise regularly or 20 if you exercise a lot.



We're here for the children

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