

Tracing Holiday Meal Traditions

Interview a family member about a favorite holiday meal tradition!

My name:

I am interviewing:

What holiday meal are you talking about?

Write or draw some of *their* favorite things about that holiday meal:

Write or draw how that holiday meal makes *them* feel:

Now, draw a picture of your favorite dish here:

Write or draw your favorite part of that holiday meal:

Ask your family member to write down a recipe from their favorite holiday meal on the back.





Where Your Child Matters Most