

# Questions to Ask Your Child's Therapist



## After the therapist has met with your child:

- What does my child's assessment show?
- What does that mean for my family?
- What do I need to tell their teacher(s)?
- What are our next steps?

## When discussing treatment options:



- What type of treatment does my child need? Is it evidence-based?
- How long will treatment take to be effective?
- What changes should I look for to know that the treatment is working?
- Who will need to attend appointments? How often?
- What skills will my child be learning? How can I encourage them to use those skills at home?
- What will the next step be if my child does not respond to treatment?



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