

The following are toys recommended to support the growth and development of children of varying ages and abilities.

Infant, 0 to 12 months

Rattles, sensory toys, musical toys, mirrors, soft toys, mobiles, tethers and activity centers

Toddler, 12 months to 3 years

Stacking toys, blocks, push and pull toys, books, shape sorters, puzzles, cause-and-effect musical toys

Pre-School, 3 to 6 years

Play-doh, blocks, dolls, coloring book with crayons, puzzles, animals, chunky cars and trains

School Age, 6 to 12 years

Board games, Legos®, remote control cars, Barbie®, video games, drawing notepad, coloring book with color pencils

Adolescents, 13 to 18 years

Board games, card games, video games, cross word puzzles, adult coloring books with color pencils

Autism spectrum disorder and developmental disabilities

Sensory toys: stress ball, stretchy noodle, tactile toys, sensory water bead bags, Bunmo Pop Tubes®, magnetic blocks and items with lights and music that spin around.





Child Life Department

