



# Cancer & Blood Disorders Center

3100 SW 62 Avenue, Miami, FL 33155  
W: [www.nicklauschildrens.org](http://www.nicklauschildrens.org) T: 305.666.6511

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Dear South Florida Community,

It has been a great honor to have served as the Director of Hematology/Oncology for the past 20 years at Nicklaus Children's Hospital. I have had the good fortune to work with fantastic committee members who have been enthusiastically dedicated to the growth of our Cancer & Blood Disorders Center.

As 2015 comes to a close, I am eager to share with you the wonderful prevention and screening programs that we have offered the community through our various partnerships with national organizations such as the American Cancer Society and The Children's Trust. Our patients and families have also participated and enjoyed various community activities exclusive to our NCH Cancer & Blood Disorders Center patients.

I have no doubt that 2016 will bring wonderful community outreach activities, educational events, and effective prevention and screening programs! We are proud of our team and their commitment to inspire hope and promote lifelong health by providing the best care to every child.

Respectfully,

Enrique Escalon, MD

Director of Hematology/Oncology

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## Upcoming 2016 Events

### February 2016

1<sup>st</sup> Annual Camp U.O.T.S. Winter Camp – 34 Participants

### March 2016

Colorectal Cancer Awareness Month

### May 2016

Skin Cancer Detection & Prevention Month

### June 7, 2016

National Cancer Survivors Day

### September 2016

Childhood Cancer Awareness Month

### October 2016

National Breast Cancer Awareness Month

### November 2016

Lung Cancer Awareness Month

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In collaboration with ...



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## 2015 Prevention & Screening Activities

### Colon Cancer Prevention & Awareness Event

March was Colorectal Cancer Awareness Month. Our Community Outreach Coordinator provided written teaching materials on colon cancer facts, screenings, colonoscopy procedure, and nutrition to members of the community, patients, and staff in the main lobby of our hospital. Participants were given recommendations for screening as per the American Cancer Society guidelines, and instructed to follow-up with their Primary Care Physician. 30 participants received teaching and educational materials

### Skin Cancer Screening

May was Skin Cancer Detection and Prevention Month. The Department of Dermatology provided a free skin cancer screening to the community (adults and children) on May 27, 2015. Utilizing the American Academy of Dermatology's (AAD) screening tool, Dr. Duarte and her staff screened 43 participants. Of those, 34 were referred for follow-up and/or recommended to have a biopsy. Skin cancer education was provided on-site.



### Breast Cancer Prevention & Awareness Event

In recognition of National Breast Cancer Awareness Month in October, our facility provided the community with written teaching materials on breast cancer facts, early detection, screenings including mammograms and self-breast exams. Participants were given information on where to have a mammogram and instructed to follow-up with their Primary Care Physician. 95 participants received teaching materials and were provided breast health education at this event.



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## In our Community Schools

### BMI Screenings

3,212 BMI screenings were completed. 16% were identified as obese (at or above the 95<sup>th</sup> percentile). 368 interventions completed including healthy lifestyle changes, such as good nutrition and weight management.

### HPV Vaccines

44 HPV vaccines were administered to student identified as incomplete for the series. Vaccines administered on campus during school hours, avoiding absenteeism.

### Health Fairs

Tobacco Education: 1,500

Breast Cancer Awareness: 2,600

Drug/Alcohol Abuse Prevention: 5,500

STD Education/Prevention: 1,500



## Smoking Prevention & Cessation Event

NCH participated in the Great American Smoke Out in collaboration with the American Cancer Society, AHEC (Area Health Ed Center), United Healthcare, & our Employee Health and Wellness Department. 23 participants received written teaching materials on smoking cessation, benefits of quitting smoking, programs and support for those who have quit, and lung cancer facts. Prevention is key!

## 2015 Community Activities

### Cancer Survivor's Day

On Sunday June 7, 2015 in honor of Cancer Survivor's Day, Nicklaus Children's Hospital's Cancer and Blood Disorders Center provided our patients and families a day of fun at the Miami Seaquarium. 162 people attended the family fun event that included shows, games, food, and plenty of fun!



### Mini Relay for Life

In collaboration with the American Cancer Society, a Mini Relay for Life was held on-campus. A Survivor Ceremony was held as well as a Luminaria Ceremony of Hope. Patients, families, and staff were able to dedicate a luminaria in honor of those lost to cancer, to support those fighting cancer, and to rejoice with those who have fought the disease and won! The luminaria remained lit throughout the evening, reminding us that HOPE will light the way to a CURE and the HOPE LIVES among us!

## Camp U.O.T.S.

### Summer Camp

The annual summer camp is a dream come true for children with cancer and their families. Participants enjoy typical summer activities while under the care of their Nicklaus Children's Hospital doctors and nurses, who serve as the camp counselors.

The week-long sleep-away camp, which takes place at A.D. Barnes Park in Miami-Dade, is free and open to all NCH cancer patients.

This past Summer, 34 patients attended the week-long camp.

